**description of the course of study**

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| **Course code** | **0912-7LEK-C9.1-F** |
| **Name of the course in** | Polish | **Opieka nad chorym (pielęgniarska) – praktyka wakacyjna** |
| English | **First aid and nursing – holiday work placement** |

1. **LOCATION OF THE course OF STUDY within the system of studies**

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| **1.1. Field of study** | Medicine |
| **1.2. Mode of study** | Full-time |
| **1.3. Level of study** | Uniform Master’s study |
| **1.4. Profile of study\*** | practical |
| **1.5. Persons preparing the course description** | dr hab. Kozieł Dorota prof. UJK |
| **1.6. Contact** | wnoz\_ipp@ujk.edu.pl |

1. **General characteristicS of the course of study**

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| **2.1. Language of instruction** | English |
| **2.2. Prerequisites\*** | Basic knowledge of human anatomy and physiology |

1. **DETAILED CHARACTERISTICS OF THE COURSE OF STUDY**

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| * 1. **Form of classes**
 | Practice: 120 hours |
| * 1. **Place of classes**
 | Practical classes |
| * 1. **Form of assessment**
 | Credit with grade  |
| * 1. **Teaching methods**
 | Case study  |
| * 1. **Bibliography**
 | **Required reading** | 1.ERC guidelines 2015, [www.cprguidelines.eu](http://www.cprguidelines.eu)2.First Aid Manual DK  2014 Dorling Kindersley Publishers3.Case Files Emergency Medicine Liu Terrence 2012 McGraw-Hill |
|  **Further reading** | 1.Fundamentals of Nursing Craven Ruth 2016 Lippincott Williams& Wilkins2.978-0-32-334003-8 Procedures for the Primary Care Provider Edmunds Marilyn Winterton 2016 Mosb |

1. **Objectives, syllabus CONTENT and intended teaching outcomes**

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| * 1. **Course objectives *(practice)***

C1 - Familiarization with the theoretical foundations of nursing and care.C2 - Presentation of the scope and nature of nursing care for selected states of the patient’s health.C 3 – Acquaintance with the stages of the nursing process, techniques for data collection for the needs of nursing diagnosis and the process of documentation.C 4 – Developing the chosen ability to perform nursing, diagnostic, therapeutic and improving procedures with regard to appropriate methods and techniques of performance as well as health of the patient. |
| * 1. **Detailed syllabus (practice)**
1. Gaining knowledge about organization hospital ward or clinic.
2. Gaining knowledge about maintaining nursing documentation especially about admitions to or discharging from the ward.
3. Knowing a Nurse’s role in the process of patient nursing and treatment.
4. Gaining the ability to perform main nursing procedures:
5. measurments of body temperature, pulse rate, blood pressure and respiration rate
6. patient’s washing, feeding and sanitary services
7. taking blood samples
8. getting venous catether
9. measurments of blood glucose level by a glucometer
10. drug administration: oral, subcutaneous or intramuscular injection
11. getting swab from the nose
12. Getting and training good practice and contact with patient skills.
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**4.3 Education outcomes in the discipline**

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| **Code** | **A student, who passed the course** | **Relation to teaching****outcomes** |
| within the scope of **ABILITIES**, the graduate knows how to**:** |
| U01 | collectand secure samples of material used in laboratory diagnostics; | E.U28. |
| U02 | perform basic medical procedures and treatments, including:1) measurement of body temperature, pulse measurement, non-invasive blood pressure measurement, 2) monitoring of vital signs using a cardio-monitor or pulse oximetry, 3) spirometry, oxygen therapy, assisted and control mode ventilation 4) introduction of the oropharyngeal tube, 5) intravenous injection , intramuscular and subcutaneous injections, cannulation of peripheral veins, collection of peripheral venous blood, collection of arterial blood, collection arterialized capillary blood,6) collecting swabs from the nose, throat and skin, puncture of pleural cavity, 7) catheterization of the urinary bladder in women and me, nasogastric intubation, gastric lavage, enema, 8) standard electrocardiogram along with its interpretation, cardioversion and defibrillation of the heart, 9) simple test strips and measuring the concentration of glucose in the blood; | E.U29. |
| U03 | assist when the following procedures and medical treatments are performed: 1) transfusions of blood and blood products,2) drainage of the pleural cavity, 3) puncture of the pericardium, 4) puncture of the peritoneal cavity, 5) lumbar puncture, 6) needle biopsy, 7) epidermal tests, 8) intradermal and scarification tests and interpret their results; | E.U30. |
| U04 | comply with the aseptic and antiseptic rules; | F.U3. |
| U05 | use peripheral venous catheter; | F.U5. |
| U06 | perform basic resuscitation with automated external defibrillator and other rescue activities and provides first aid; | F.U10. |
| U07 | monitor the patient’s condition during the postoperative period on the basis of basic parameters of life; | F.U12. |
| U08 | act in such a way as to avoid medical errors; | G.U8. |
| U09 | collect blood for toxicological studies and secures the material for hemogenetic research; | G.U9. |
| U10 | observe patients' rights; | D.U15 |
| within the scope of **SOCIAL COMPETENCE**, the graduate is able to: |
| K01 | establish and maintain deep and respectful contact with the patient and show understanding towards ideological and cultural differences;  | H.S1 |
| K02 | do what is right for the patient; | H.S2 |
| K03 | respect medical confidentiality and patient’s rights; | H.S3 |
| K04 | take actions concerning the patient on the basis of ethical principles, being aware of social conditions and restrictions resulting from illness; | H.S4 |
| K05 | recognize his/her own limitations and self-evaluate educational deficiencies and needs; | H.S5 |
| K06 | promote healthy lifestyle; | H.S6 |
| K07 | use reliable information sources; | H.S7 |
| K08 | conclude on the basis of own surveys and observations; | H.S8 |
| K09 | introduce rules of social conduct and teamwork to the group of specialists, including specialists form other medical professions also in the multicultural and multinational environment; | H.S9 |
| K10 | give opinions concerning various aspects of professional activity; | H.S10 |
| K11 | take responsibility for own decisions made during professional activities including own safety and safety of other people; | H.S11 |

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| **4.4. Methods of assessment of the intended teaching outcomes** |
| **Teaching****outcome** | **Exam oral/written\*** | **Test\*** | **Project\*** | **Effort** **in class\*** | **Self-study\*** | **Others\*****Practical exam** | **Observation** |
| ***Form of classes*** | ***Form of classes*** | ***Form of classes*** | ***Form of classes*** | ***Form of classes*** | ***Form of classes*** | ***Form of classes*** |
| *L* | *C* | *...* | *L* | *C* | *...* | *L* | *C* | *...* | *L* | *C* | *...* | ***Practice(hospital)*** | ***Practice(hospital)*** | ***Practice******(hospital)*** |
| U01 |  |  |  |  |  |  |  |  |  |  |  |  | ***+*** |  |  |  | ***+*** |
| U02 |  |  |  |  |  |  |  |  |  |  |  |  | ***+*** |  |  |  | ***+*** |
| U03 |  |  |  |  |  |  |  |  |  |  |  |  | ***+*** |  |  |  | ***+*** |
| U04 |  |  |  |  |  |  |  |  |  |  |  |  | ***+*** |  |  |  | ***+*** |
| U05 |  |  |  |  |  |  |  |  |  |  |  |  | ***+*** |  |  |  | ***+*** |
| U06 |  |  |  |  |  |  |  |  |  |  |  |  | ***+*** |  |  |  | ***+*** |
| U07 |  |  |  |  |  |  |  |  |  |  |  |  | ***+*** |  |  |  | ***+*** |
| U08 |  |  |  |  |  |  |  |  |  |  |  |  | ***+*** |  |  |  | ***+*** |
| U09 |  |  |  |  |  |  |  |  |  |  |  |  | ***+*** |  |  |  | ***+*** |
| U010 |  |  |  |  |  |  |  |  |  |  |  |  | ***+*** |  |  |  | ***+*** |
| K01-K11 |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  | ***+*** |

***\*delete as appropriate***

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| * 1. **Criteria of assessment of the intended teaching outcomes**
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| Criterion | Grade | Evaluation of specific action elements / surgery / made by the student |
| Principles | Efficiency | Effectivenesskuteczność | Self-reliance | Communicating with patient | Attitude |
| The way of conducting activities/surgery | 5,0 | Abides the principles, techniques and sequence of tasks without any comments | performsactivities confidently, vigorously | Takes into account the situation of the patient and current capabilities to perform these tasks | Plans and conducts operations completely independently | Spontaneous, constructive and independent,content selection adequate to the expectations of the recipient | Is able to evaluate and analyze their own behavior, working with therapeutic team, visible identification with professional role |
| 4,5 | Abides the principles after the initial orientation, technique and sequence of actions without any comments | Activities are performed certainly but after a short reflection | Manifests the concern about taking into account the health situation of the patient, reaches the target after an initial indication | Sometimes requires a reminder and directed activities | Correct, but sometimes requires guidance in the selection of communication methods  | Shows the efforts of the assessment and analysis of their conduct, good co-operation with a therapeutic team,noticeable identification with the professional role |
| 4,0 | Abides the principles,after being directed performs the activities correctly | Performs the activities at a slow pace | Draws attention to the individual situation of the patient, reaches the target | Sometimes needs to be reminded about taking the actions | Is able to establish and maintain verbal and non-verbal contact with the patient | Presents awkwardness in the assessment and analysis of their conduct, cooperates with a therapeutic team,identifies with the professional role |
| 3,5 | Abides the principles,after being directed, performs actions quite correctly | Performs the activities doubtfully,sometimes requires the support and sense of confidence in acting | takes into account the individual situation of the patient's health reaches the target | Often needs to be reminded about taken actions | Is able to establish and maintain verbal contact with the patient | Makes an effort to evaluate and analyze their own behavior,cooperates with a therapeutic team, usually identifies with the professional role |
| 3,0 | Not always abides the rules, requires the supervision, performs actions chaotically, performance of simple tasks without comments | Performs the activities doubtfully,very slowly, visible efficiency while performing simple actions | Not always takes into account the individual situation of the patient,achieves the goal after being directed in activities | Requires constant guidance and needs to be reminded about the performance of complex tasks | Takes contact, hovewer, is not capable of keeping communication with the patient | Not always is able to to evaluate and analyze their own behavior, sometimes cooperates with a therapeutic team, identifies with the professional role if it is possible. |

1. **BALANCE OF ECTS CREDITS – STUDENT’S WORK INPUT**

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| **Category** | **Student's workload** |
| **Full-time****studies** |
| *NUMBER OF HOURS WITH THE DIRECT PARTICIPATION OF THE TEACHER /CONTACT HOURS/* | **120** |
| *Participation in lectures\** |  |
| *Participation in classes, seminars, laboratories\** |  |
| *Preparation in the exam/ final test\** |  |
| *Others\** |  |
| *INDEPENDENT WORK OF THE STUDENT/NON-CONTACT HOURS/* |  |
| *Preparation for the lecture\** |  |
| *Preparation for the classes, seminars, laboratories\** |  |
| *Preparation for the exam/test\** |  |
| *Gathering materials for the project/Internet query\** |  |
| *Preparation of multimedia presentation* |  |
| *Others\** |  |
| *TOTAL NUMBER OF HOURS* | **120** |
| ECTS credits for the course of study | **4** |

***Accepted for execution*** *(date and signatures of the teachers running the course in the given academic year)*

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